

*Judith Tripp*

Veriditas Women's Dream Quest Leader  
Transpersonal Psychotherapist  
Musician | Pilgrimage Leader  
Workshop Presenter | Author



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Judith believes that walking the labyrinth is an important practice for our time. Through its contemplative path we are returned to the Land of the Soul where we may find balance and peace in our fragmented world. Through the Women's Dream Quest and other workshops she presents she seeks to remind us of the beauty and inspiration of the sacred feminine and the transformative power of meeting in the circle.

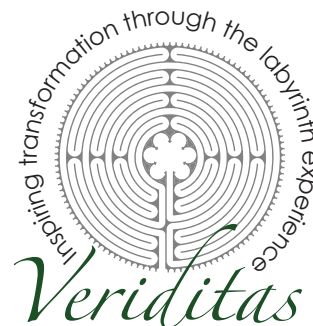
*"Judith has taught me more about the power and beauty of circle work than any of the other wise women I have worked with over the years. She is clear, inclusive, and intuitive. Judith teaches us all how to access and use the wisdom of our ancestors and a variety of faith traditions in a way that is both deep and playful."*

Peg Edera, Spiritual Director, Portland, OR

### **About the Women's Dream Quest.**

"Judith Tripp's leadership style involves the grace and competence of many years of experience. She casts a spell of all inclusive sacredness, welcoming women of diverse spiritual backgrounds into the motherly fold of the labyrinth. Her lifework as a depth psychotherapist, and her artistry in ritual design, carry the participants through a magical night of spiritual reunion, introspection and community."

Anne Allanketner, MFT



**To book Judith to share this ancient practice for healing and clarity, contact:**

Veriditas | 707-283-0373 | dawn@veriditas.org

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## Biography

Judith's work, which she calls Circleway, encompasses her passions for individual healing work through psychotherapy and spiritual counseling, the Women's Dream Quest, Pilgrimages to Avalon, facilitation and workshops at Chartres, flute and vocal recordings and her book, *Circleway, The Story of the Women's Dream Quest*.

Trained in Transpersonal Psychology, Judith was licensed as a Marriage and Family Therapist in 1983. She began her work with the Women's Dream Quest in 1987 where she first worked with the Reverend Dr. Lauren Artress. She has been involved with the Labyrinth ministry since its inception and trained as a facilitator in 1986. She began her work at Chartres and her Avalon pilgrimages in 2000. Through the years she worked on her musical offerings producing *Homage*, *Return Again*, and *To Bless the Walk*. Her book chronicles the past 25 years of her work with the Dream Quest.

Integrating a healthy psychology with a robust spiritual practice is a mainstay of Judith's life and work. Well versed and practiced in diverse spiritual traditions, Judith is equally at home in a Cathedral, a Yoga Ashram, a Buddhist Meditation retreat, and the temple of Nature. She loves to chant and dance, meditate and pray.

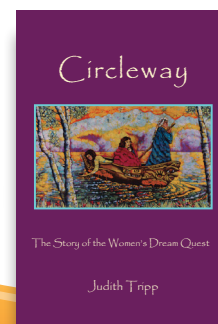
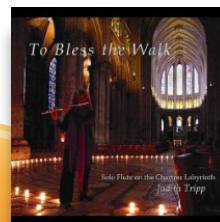
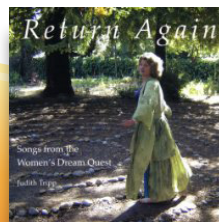
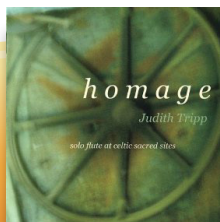


### Credentials

- Psychotherapist in private practice for 30 years MFT 18646
- Continuing Education Provider for California PCE 3849
- Flutist, with CDs: *Homage*, solo flute at Celtic Sacred Sites, *To Bless the Walk*
- Vocalist with CD, *Return Again*, *Songs from the Women's Dream Quest*
- Leader of Women's Dream Quest in San Francisco and around the country
- Leader of Pilgrimage to Avalon
- Author of *Circleway, The story of the Women's Dream Quest*
- Member Veriditas Council
- Certified Labyrinth Facilitator
- Reiki Master

*"Meeting Mary" as lovingly presented by Judith Tripp, was more than a formal workshop. It was our opportunity to move from our secular lives into that sacred space that enfolds Mary's role in western civilization. We felt blessed to share Judith's obvious devotion.*

*~ Hallie Moore, The Woodlands, Texas*



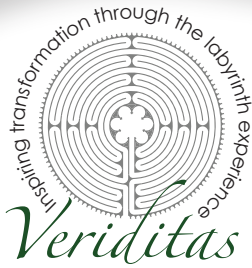
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Lauren Artress founded Veriditas, a non-profit dedicated to inspiring personal and planetary change and renewal through the labyrinth experience. Veriditas is a unique organization known for offering in-depth psycho-spiritual experiences in the labyrinth. The labyrinth becomes a metaphor for walking a spiritual path together with others.

Veriditas offers quality experiences of the labyrinth in sacred spaces by way of workshops and retreats throughout the United States, Canada, Europe, Africa and Australia. Veriditas signature programs are:

- Semi-annual Pilgrimages to **Chartres** Cathedral, Chartres, France
- Semi-annual Urban Pilgrimages to **Grace Cathedral**
- **Sponsored Workshops** by request offered by Lauren Artress and Master Teachers trained by Lauren
- **Labyrinth Facilitator Training**, a unique professional training for those interested in facilitating the labyrinth experience for others

For more information about Veriditas programs, please visit [www.veriditas.org](http://www.veriditas.org)

## Veriditas program participants say the labyrinth experience:

- "Opens my heart"
- "Centers and grounds me"
- "Helps me know that there is a pattern of organization at work in the chaos of the current world"
- "Receives my grief and pain and allows for its release"
- "Connects me to that which is greater than me"
- "Gives me creative insight to solve the problem I'm working on"
- "Balances my energy"
- "Revitalizes me to take on the rest of my life"
- "Connects me to others walking"
- "Is my path of prayer"
- "Provides me with inner guidance"
- "Gives me hope"



## And about the Chartres experience:

"The time I spent with you in Chartres was one of the most meaningful times in my life."  
"A very moving and powerful experience!"

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## *Labyrinth Talks & Workshops*

Talks are available in one hour lecture format followed with a labyrinth walk. Workshops are offered as partial or full day experiences and customized to meet the needs of your community.

### **Workshops**

#### **Women's Dream Quest**

A day long, overnight, or weekend experience involving song, meditation, psycho/spiritual exercise, group process and labyrinth walking. See [www.veriditas.org/wdq](http://www.veriditas.org/wdq) for more information. The following are a list of themes for specific Dream Quests:

- The Heroine's Journey
- The Ancestors
- Transformation
- Peace
- Home
- Sacred Feminine

#### **Dream Quest for Men and Women**

##### **Soul Quest**

Suitable for men and women and suitable for a weekend format. An expanded version of the Dream Quest with more time for individual retreat, a release ceremony, and psycho drama exercise to discover and enhance the soul's voice.

##### **Meeting Mary at Chartres**

A daylong workshop exploring the history of Mother Mary at Chartres Cathedral involving images, songs, meditations, ceremony labyrinth walking, and writing practice.

#### **The Feminine Presence of the Sacred (with Lauren Artress)**

An exploration of the sacred feminine throughout history and in various cultures culmination with a consideration of Sophia, Mary and Mary Magdalene in the Western tradition. Lecture, images, labyrinth walking, art, songs and ceremony. Psychotherapy and the Labyrinth

### **Talks**

#### **Psychotherapy and the Labyrinth**

An exploration of the use of the labyrinth in the psychotherapeutic process

#### **Reiki Healing and the Labyrinth**

Reiki attunements given in conjunction with a labyrinth walk.



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